Plastic produce bags

1 large or 2 small romaine lettuce (or red leaf lettuce or green leaf lettuce)

1 large or 2 small containers of baby tomatoes

1 cucumber

1 Italian parsley

1 lb. broccoli

1 celery

2 red peppers

1 green pepper

2 servings of zucchini or yellow squash

2 packages 10 oz. spinach

1 small red onion

1 package bean sprouts

1 cauliflower

7 servings of fruit

1 package bagels

Boboli pizza crust (original or thin crust)

12 oz. extra-wide egg noodles

1 package lentils

2 cans of 10.75 oz. cream of mushroom soup (Campbell’s)

4.5 oz. sliced mushrooms (stems and pieces okay)

12 oz. tuna (light tuna preferred)

1 can 14.5 oz. diced tomatoes

1 can 14 oz. light coconut milk

Balsamic Vinegar (Pompeian, 16 fl. oz.)

Salt (Morton, iodized)

White sugar

Light brown sugar

Low-sodium potato chips

Chips

2 packages 8 oz. shredded Cheddar cheese

2 packages 8 oz. shredded mozzarella cheese

Cheese sticks

1 package pepperoni

1 package Fully Cooked Original Sausage Crumbles (or cooked breakfast sausage)

1 quart (4 cups, 32 oz.) heavy cream

1 package of frozen strawberries

Lysol

Reach floss (mint waxed)

Costco

Paper towels

Toilet paper

Granola bars

Dove soap

Adult Gummies

Pet Food Express

Timothy Hay

Alfalfa Hay